

## **Social Skills**



Conversation Skills  
Relationship Management  
Emotional Management  
Etiquette  
Cooperation

Social Skills Assessment Tool

Skill	Emerging	Developing	Mastery	Generalization
<b>Conversation</b>	<b>Enter Dates Below</b>			
Recognizes non-verbal cues (facial expression, body language, hand gestures)				
Initiates or joins a conversation (greeting, proximity, volume, topic, eye contact)				
Maintains a conversation appropriately (staying on topic, listening, asking clarifying questions)				
Ends a conversation politely (closing statements, wrapping up, closing gestures)				
<b>Relationship Management</b>	<b>Enter Dates Below</b>			
Recognizes the difference between various relationships (formal and informal, healthy and unhealthy)				
Recognizes information that is appropriate to share or ask for in a variety of relationships (telling a parent something versus telling the librarian)				
Expresses frustration appropriately in a variety of situations (failure, rejection, being denied permission to do something, disappointment)				



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<b>Emotional Management</b>	<b>Enter Dates Below</b>			
Recognizes his/her own feelings (happy, sad, calm, anxious)				
Recognizes the degree/intensity of personal feelings (using a Five Point Scale or other tool)				
Recognizes the feelings of others in various situations (identifying when another person is upset/happy/frustrated)				
Responds to the feelings of others appropriately (not laughing when someone shares bad news)				
Expresses his/her feelings appropriately in a variety of situations (telling a friend or teacher, drawing a picture)				
Deals appropriately with unfavourable situations (“no” answers, cancelled or postponed events)				

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**NOTES**

(e.g. level of prompting, augmentative equipment, challenges, next steps)


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<b>Etiquette</b>	<b>Enter Dates Below</b>			
Behaves appropriately in a variety of situations (sitting quietly in class, staying dressed, keeping hands to himself/herself)				
Wait for his/her turn in a variety of situations (in line, in a game, at meal time)				
Uses polite social phrases in a variety of situations (please, thank-you, excuse me, bless you)				
Shows consideration for others with respect to bodily functions (blowing his/her nose rather than picking it, saying "excuse me", coughing into his/her arm)				
<b>Cooperation</b>	<b>Enter Dates Below</b>			
Follows the rules and routines of a game (board game, sport)				
Responds appropriately to positive and negative events during the game (losing, winning, rules changing)				



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